



金品 月子膳食

Frozen Postpartum Meal Comparison Chart

	\$3,990 Frozen Herbal Meal 28 Days	\$3,590 Frozen Classic Meal 28 Days	\$2,790 Frozen Essential Meal 20 Days	\$2,250 Frozen Soup & Dessert 28 Days
Breakfast: Egg	✓	✓		
Breakfast: Porridge	✓	✓		
Lunch: Fish Soup or Lunch Soup	✓	✓	✓	✓
Lunch: Entrée	✓	✓	✓	✓
Lunch: Vegetables	✓	✓	✓	
Lunch: Rice & Grains	✓	✓	✓	
Dinner: Taiwanese Postpartum Soup	✓	✓	✓	✓
Dinner: Dinner Soup	✓	✓	✓	✓
Dinner: Vegetables	✓	✓	✓	
Dinner: Rice & Grains	✓	✓	✓	
Dessert	2	2	1	2
Healing Drink	✓	✓		
JingMommy Postpartum Herbal Drink (28 days)	✓	\$100/7 days	\$100/7 days	\$100/7 days
Shen Hua Tang 7 Days (1 serving/day)	\$100/7 days	\$100/7 days	\$100/7 days	\$100/7 days
Chicken Essence	\$12/bowl	\$12/bowl	\$12/bowl	\$12/bowl
Belly Wrap / Du Zhong Capsule	Add On Option	Add On Option	Add On Option	Add On Option
All meals are shipped via FedEx Priority Overnight. Each shipment contains a 1-week supply of meals.	7 Days/Week	7 Days/Week	5 Days/Week	7 Days/Week
1 week	\$1,275	\$1,175	\$890	\$770
2 weeks	\$2,300	\$2,100	\$1,590	\$1,380
3 weeks	\$3,265	\$2,965	\$2,190	\$1,895

