



金品 月子膳食

Postpartum Meal Comparison Chart

	\$2,890 Herbal Meal 30 Days	\$2,590 Classic Meal 30 Days	\$2,299 Vita Meal 30 Days	\$1,999 Low-Carb Meal 30 Days	\$1,550 Easy Meal 15 Deliveries
Breakfast: Egg	✓	✓		✓	✓
Breakfast: Porridge	✓	✓			✓
Lunch: Fish Soup or Lunch Soup	✓	✓	✓	✓	✓
Lunch: Entrée	✓	✓	✓	✓	✓
Lunch: Vegetables	✓	✓	✓	✓	✓
Lunch: Rice & Grains	✓	✓	✓		✓
Dinner: Taiwanese Postpartum Soup	✓	✓	✓	✓	✓
Dinner: Dinner Soup	✓	✓	✓	✓	✓
Dinner: Entrée	✓	✓	✓	✓	✓
Dinner: Vegetables	✓	✓	✓	✓	✓
Dinner: Rice & Grains	✓	✓	✓		✓
Dessert	2	2	1		2
Healing Drink	✓	✓	✓		✓
JingMommy Postpartum Herbal Drink (30 days)	✓	\$10/day	\$10/day	\$10/day	\$10/day
Shen Hua Tang 7 Days (1 serving/day)	\$10/day	\$10/day	\$10/day	\$10/day	\$10/day
Chicken Essence	\$10/bowl	\$10/bowl	\$10/bowl	\$10/bowl	\$10/bowl
Belly Wrap / Du Zhong Capsule	Add On Option	Add On Option	Add On Option	Add On Option	Add On Option
Delivery Method *Remote areas: Delivery every other day / Additional delivery fee may apply	Daily delivery	Daily delivery	Daily delivery	Daily delivery	Every other day (Total 15 deliveries)
1 Day	\$120	\$110	\$99	\$85	
14 Days	\$1,590	\$1,450	\$1,290	\$1,120	
21 Days	\$2,300	\$2,090	\$1,855	\$1,620	

